

WAYS TO DEVELOP AKMEOLOGICAL PROFESSIONAL SKILLS IN  
FUTURE TEACHERS

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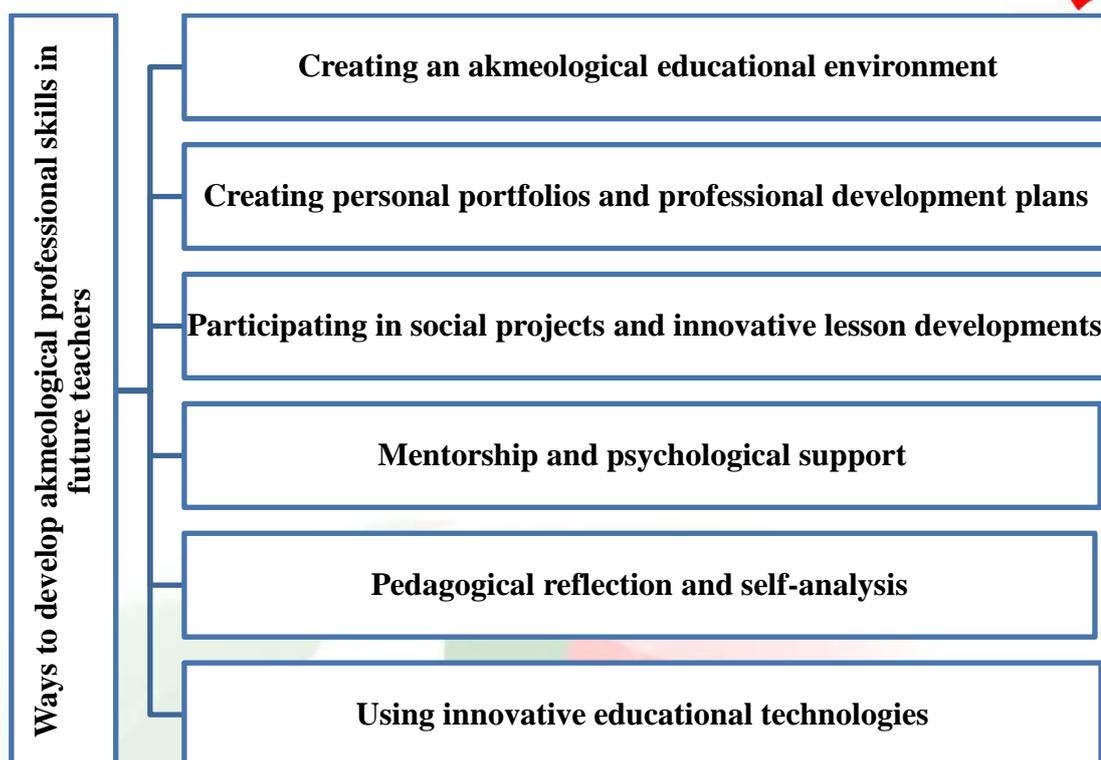
**Abstract.** *This article explores the ways to develop akmeological professional skills in future teachers. The focus is on shaping competencies such as professional growth, creative thinking, self-reflection, and independent decision-making based on the akmeological approach. The article discusses the pedagogical specifics of fostering these competencies, the importance of creating an akmeological environment in educational institutions, and how effective collaboration between teachers and students contributes to professional development.*

**Keywords:** *akmeological competencies, future teacher, professional development, pedagogical process, creative thinking, reflection, motivation, educational environment.*

In the modern education system, the demand to prepare future teachers as competent specialists is increasing. The modernization of the education system in Uzbekistan, the introduction of modern pedagogical approaches and innovative technologies, and the creation of new opportunities for the professional and personal growth of teachers all play an important role in shaping competent educators. In this process, developing akmeological competencies is crucial for shaping future teachers' professional skills.

Akmeological professional skills refer to a teacher's potential to achieve high levels of success in their professional activities, engage in self-development, fully utilize their abilities, and integrate intellectual, moral, psychological, and communicative competencies effectively in their professional practice. The development of these skills supports the teacher's personal and professional growth and contributes to improving the quality of the educational process.

Akmeological competencies allow future teachers to achieve high results in their professional work, foster creative thinking, make independent decisions in complex pedagogical situations, and engage in continuous self-reflection. These competencies support the teacher's individual development and help them organize and carry out educational activities effectively.



Creating an innovative and akmeological environment within educational institutions is crucial for developing akmeological competencies. Such an environment not only provides teachers with knowledge but also creates conditions for their personal and professional growth. In this context, effective pedagogical collaboration between the teacher and the student, creative approaches, and a systematic focus on development are key elements. To create an akmeological environment:

- The social and psychological activities of teachers should be constantly monitored.
- Innovative approaches and modern pedagogical technologies should be applied at every stage of the educational process, and teachers' advanced experiences should be incorporated.

Creating personal portfolios and professional development plans plays an important role in developing future teachers' akmeological professional skills. This practice allows teachers to analyze their personal growth, evaluate their professional achievements, reflect on their strengths and weaknesses, and plan their future goals. Professional development plans and personal portfolios enable teachers to consciously organize their professional activities, motivate themselves, and succeed in an ever-changing educational environment.

Engaging in social projects and innovative lesson plans is essential for developing future teachers' akmeological competencies. Social projects, practical seminars, and professional forums significantly contribute to teachers' professional growth, helping them develop creative and analytical thinking skills. By involving teachers in innovative lesson plans and professional forums, their professional skills can be developed. These methods strengthen students' ability to self-reflect and think independently.

Mentorship plays a vital role in the development of akmeological skills. The relationship between the teacher and the student, through mentorship, helps the teacher grow both professionally and personally. Through the support of mentors, future teachers can analyze their professional activities, adapt to changing conditions, and solve complex pedagogical problems. Additionally, psychological preparation is essential for teachers to manage stress, understand themselves better, and identify and address mistakes in their professional growth.

Pedagogical reflection refers to the teacher's ability to analyze their professional activities, evaluate each stage of the educational process, and draw conclusions that lead to improvement. This process encourages the teacher's professional growth and fosters the adoption of innovative approaches in their practice. Pedagogical reflection is crucial in developing akmeological competencies, as it allows the teacher to identify both their professional achievements and areas for improvement, motivating them to constantly refine their pedagogical activities.

Utilizing modern educational technologies is highly effective in developing future teachers' akmeological professional skills. Interactive learning technologies, virtual simulations, online lessons, and other pedagogical tools enable future teachers to quickly develop their professional competencies. The application of innovative technologies supports teachers in updating their pedagogical approaches, enhancing the efficiency of the educational process, and making learning more engaging and interactive.

The development of akmeological professional skills in future teachers is not only a process of improving pedagogical approaches but also one of fostering the teacher's personal and professional growth, creative activity, and independent decision-making. Shaping these competencies enables future teachers to achieve high results in their professional activities, manage complex situations effectively, and engage in continuous self-improvement. Through the creation of an innovative educational environment, mentorship, self-reflection, and the application of modern educational technologies, future teachers will develop the necessary competencies to become highly qualified and competent educators who meet the needs of the modern education system.

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