

PSYCHOLOGICAL CHARACTERISTICS OF THE STUDENT DURING LEARNING A FOREIGN LANGUAGE

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Abstract: *In this article, understanding the psychological factors that drive students to learn a new language and their beliefs about their own abilities is crucial for educators to tailor their teaching methods to meet the individual needs of their students. Recognizing how students process and retain new language information can help educators design effective learning strategies that align with the natural processes of the brain, while also addressing psychological barriers that may hinder language acquisition.*

Keywords: *strategy, psychological approach, motivation, method.*

Psychological characteristics of a student during learning a foreign language can have a complex and continuous process of learning. A part of this process should be supported by students, teachers and educational centers that aim to increase the student's level of knowledge. The other part is related to the student's personal character, motivation, patience, perspective and desire to succeed.

The learning process can be psychologically multi-layered. For example, in order to increase the student's self-confidence, he/she should be willing to learn independently, control himself/herself, keep his/her motivation high, find solutions to problems and be ready to help other students.

In addition, the environment is also important in the learning process. Learners and teachers should represent themselves well for students, encourage and support them. For this, a good structure of the learning environment should be provided to increase motivation and respond to the interests of students. There are more parts of these and each student can achieve success in the learning process depending on his personal characteristics and the characteristics of his environment.

Psychological characteristics of a student in learning a foreign language provides an important and continuous part of the learning process. There are several factors for the success of this process.

Importance of psychology and its features in learning foreign languages:

Learning a foreign language can be a difficult and complicated process, especially for university students. To ensure the success of this process, it is necessary to take into account the psychological aspects that can affect the student's ability to learn a new language effectively.

1. The role of motivation and thinking in language learning cannot be overestimated. Psychology plays a crucial role in understanding how students are motivated to learn a new language, as well as their attitudes and beliefs about language learning abilities. By

understanding these psychological factors, teachers and language teachers can adjust their teaching methods to individual students, can adapt to better meet their needs and motivations.

2. Psychological factors related to memory and cognitive processes are also important in language learning. Understanding how students remember, store, and acquire new language information can help teachers develop effective learning strategies that match the brain's natural processes. Additionally, understanding the psychological barriers to language acquisition, such as anxiety or self-doubt, can help teachers provide appropriate support and guidance to their students. Furthermore, the social and emotional aspects of language learning cannot be ignored. Psychology plays an important role in understanding how students interact with their peers, teachers, and the learning environment in general. By creating a positive and supportive learning environment, teachers can help students feel more comfortable and confident in their language learning journey.

Among the main psychological aspects of learning English, the most important are: motivation and interest in learning the language; language learning ability; the ratio of language and speech in learning; language barrier. Motivation is the main factor in language learning. As in any activity, if a person does not want to do something or does it under pressure, he will not achieve good results. The result in language learning can only bring motivation to achieve success. Motivation to avoid failure can be a one-off. For example, a student is afraid of failing an exam with a demanding English teacher. He will pass the exam, maybe not bad, but such a local success will not have a long-term effect. The fact is that foreign language skills should be gradually formed and developed, and then maintained throughout life, of course, this cannot be done by force. Demand in the labor market is an important motivating factor for people learning English.

Psychology denies that abilities are similar to knowledge, knowledge and habits, and at the same time emphasizes their unity. Activity is necessary for the manifestation of abilities, which, in turn, cannot be carried out without abilities. In the process of learning English, it can be clear whether a person has abilities or not. English language skills, as well as other areas of human activity, are interrelated with interest and motivation. The better a person does something, the more interesting it becomes, because he learns more and more new things and feels the practical benefit of the acquired skills. In modern world, practical benefit is one of the main factors of motivation, and motivation also increases due to the desire to achieve better and better results, a person understands that he is achieving a lot with relatively little effort depends on external factors, he can first develop language skills through regular and conscious practice.

The importance of psychology in learning foreign languages for university students cannot be overemphasized. Taking into account the psychological factors that affect language learning, teachers can better support their students and create an effective learning experience. Understanding the dynamics can lead to more successful language acquisition and overall student satisfaction.

Generally speaking, the theory of psychology is widely used not only in language learning, but also in all areas. It is always effective to approach every person, student, all language learners, from a psychological point of view. Without studying human psychology, or if even a simple thing is not approached from a psychological point of view, it will definitely show ineffective results. Of course, in many cases, it depends on the types of methods. Do you know why the concept of methods and not methods is often used? The reason for this is psychology, that is, it is difficult to teach a thousand different types of students with one method. Different methods are used depending on the character and attitude of people. In this way, psychological aspects play a big role in teaching and learning and as a result it shows good results.

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