

## NATIONAL VALUES – A MIRROR OF THE NATION'S SPIRITUALITY

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**Abstract:** *This article explores the role of national values in the life of a nation, their formation process, and their significance in preserving national identity. Additionally, it examines the role of national values in modern society, efforts to preserve them, and the measures taken to pass them on to future generations. Based on Uzbekistan's experience, the article analyzes reforms aimed at strengthening national values and their outcomes.*

**Keywords:** *National values, national identity, spirituality, customs, traditions, national pride, cultural heritage, historical memory, globalization, youth education, national ideology, Uzbekistan's experience, national revival, patriotism.*

### The Essence and Importance of National Values

Every nation has its unique values, which play a crucial role in shaping its spiritual and moral life, as well as in preserving and developing national identity. National values are composed of a nation's history, cultural heritage, spirituality, and moral principles, and they serve as fundamental factors in strengthening national identity.

### Types of National Values

National values encompass a nation's history, cultural heritage, and moral principles. They can be categorized as follows:

1. Traditional values – oral folklore, customs, ceremonies, and national holidays.
2. Cultural values – literature, art, music, architecture, and folk crafts.
3. Moral values – honesty, humanity, patriotism, respect, and hospitality.
4. Religious values – religious beliefs and traditions of the people.
5. Modern values – scientific achievements, technological advancements, and social development.

### Reforms Implemented in Uzbekistan to Preserve and Develop National Values

Uzbekistan has undertaken commendable efforts to preserve and strengthen national values.

### Outcomes of Uzbekistan's Efforts in Preserving National Values

In recent years, Uzbekistan's reforms to safeguard national values have yielded significant results:

- Increased sense of national pride and self-awareness among youth.
- Restoration and preservation of cultural heritage sites.
- Enhanced promotion of national values through mass media.
- Flourishing of national handicrafts and arts.

### Conclusion

In conclusion, national values serve as the spiritual roots of a nation, and their preservation is the duty of every citizen. Uzbekistan has undertaken extensive reforms to protect and develop national values, yielding positive outcomes. It is imperative to

continue systematic efforts in this direction, as a nation that safeguards its values will always maintain its identity and strength.

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