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Annotation: *Self-learning can help you develop important skills and gain valuable knowledge to use in multiple facets of your life. To become a constructive self-learner, it is important to explore different approaches and techniques that can help you acquire and use new information. Understanding strategies for self-learning can help you study new concepts with ease and gain a lifelong interest in education. In this article, we define what self-learning is and describe the benefits of self-learning.*

Key words: *profession of teaching, personal stories, hand-on experiences, practical activities, outline, characteristics, guidelines, detailed information, recourses section, overview, challenging profession.*

Introduction

Self-learning is the practice of gaining new knowledge or a new skill outside of a structured classroom environment. It typically involves a varied range of techniques that can help you develop an ability to teach yourself new material. People who practice self-learning techniques can choose their topic of study, develop their own research methods and determine the scope of their learning process.

Main part

First, to improve self-study skills, students need to set clear learning goals. Establishing specific, measurable goals helps students stay focused and motivated to achieve them. For example, instead of just aiming to "do well in Math," students should specify "complete all assignments and score at least 8 on the final exam."

A detailed and reasonable study plan is a key factor. Students should allocate daily and weekly study times to balance between different subjects and other activities. Using time management tools such as electronic calendars and reminder apps will help students track progress and adjust plans as needed. Diversifying study materials is an effective way to enhance self-study skills. Students can refer to textbooks, online lectures, academic videos, and specialized websites. Using multiple sources of material provides students with a multi-dimensional view of knowledge, leading to a deeper understanding and flexible application in practice. Critical thinking is an indispensable skill in the self-study process. Students need to know how to ask questions, analyze, and evaluate information objectively. Participating in discussion groups, exchanging ideas with friends and instructors will help students develop critical thinking and expand their knowledge. Finally, students should regularly self-evaluate their learning process. This helps identify

strengths and weaknesses, thereby adjusting study methods for better effectiveness. Recording learning experiences and lessons learned will help students continually improve their self-study skills. With so much information available at students' fingertips, it's easier than ever for students to learn by themselves. Self-study is becoming a more and more popular way to engage students with what they are learning in class. Students have the ability to access so many resources that now, learning can happen anywhere, anytime—not just in the classroom. Self-studying is a learning method where students direct their own studying—outside the classroom and without direct supervision. Since students are able to take control of what (and how) they are learning, self-study can be a very valuable way for many students to learn. Self-study and traditional classroom learning can be used together to help your child get the most out of his or her learning experience. Together, these methods help students learn and retain information better, helping boost comprehension, grades, and motivation. The Importance of self-study is a great method students can use to enhance their learning experience, whether they are studying for a course or learning about a topic for fun. Using self-study, students are able to go beyond simply learning what their class textbooks and instructors teach them. By practicing self-study, they are encouraged to further explore topics they are interested in, developing stronger study skills as a result. One of the major advantages of self-study is that students can take control over their own learning. And when students have control, they become even more interested in learning.

1. Students learn more effectively. Exploring a topic on his or her own encourages your child to actively engage with the information. Self-studiers are able to think about topics more deeply and make connections between what they are learning. And when students are engaged (and excited) about what they are learning, they're able to remember it better. Self-study also helps build study skills your child can use to explore new topics or tackle challenging schoolwork.

2. Students discover more about the topics they're studying. Self-study is all about searching out new information on a topic your child is interested in. Seeking out this information themselves gives students a chance to learn more about that topic (rather than just what they are taught in class).

3. It can boost students' self-esteem. As students do more self-study, many become more confident learners. They are able to see themselves as an independent person who is able to learn new things without anyone helping them. This can be a major motivation boost for students.

4. Students can learn at their own pace. Self-study allows students to take learning at their own pace, focusing on areas they are most interested in (or want to understand a bit better). This helps reduce feelings of frustration, anxiety, or boredom that students may struggle with in a classroom setting.

5. Encourages curiosity. Curiosity is one of the biggest (and often overlooked) pieces of motivating students to learn. When students aren't engaged with what they are learning, they absorb less of the information. They study to memorize rather than



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understand. Self-study allows students to choose something they are interested in and excited to learn about, leading to a more effective learning experience

Conclusion

To conclude, improving self-study skills not only helps students achieve better academic results but also equips them with the necessary skills for success in life and career. By setting clear goals, creating an effective study plan, utilizing diverse materials, developing critical thinking, and self-evaluating, students can enhance their self-study skills and progress further on their educational journey.

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