



EFFECTIVE EDUCATION FOR BLIND CHILDREN: STRATEGIES FOR INCLUSIVE AND SUCCESSFUL LEARNING

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Abstract: This article explores effective educational strategies for blind children, emphasizing the importance of early intervention, individualized instruction, and the utilization of specialized teaching methods and assistive technologies. It examines the unique challenges faced by blind students and highlights best practices to ensure their successful academic and social integration. The article advocates for a holistic approach that considers the cognitive, social-emotional, and physical needs of blind children.

Keywords: Blind children, visually impaired, inclusive education, assistive technology, Braille, early intervention, tactile learning, special education, sensory integration.

Blindness presents unique challenges to the acquisition of knowledge and skills. Effective education for blind children necessitates a departure from traditional visual-based learning methods and the adoption of specialized techniques that cater to their specific needs. This article examines the critical components of a successful educational program for blind children, emphasizing a holistic approach that addresses their academic, social-emotional, and developmental needs within an inclusive learning environment.

Visual impairment refers to a broad spectrum of conditions that affect an individual's ability to see to varying degrees. It can range from mild to severe vision loss, including conditions that cannot be fully corrected with glasses, contact lenses, medication, or surgery. Visual impairment can affect people of all ages and may be caused by congenital factors, such as genetic disorders or prenatal conditions, or acquired later in life due to injury, disease, or aging.

For individuals with visual impairments, daily tasks such as reading, navigating unfamiliar environments, and recognizing faces may pose challenges. The impact of visual impairment varies based on factors like the type and severity of the condition. It's important to note that visual impairment isn't just about the physical act of seeing; it also encompasses the psychological and social aspects of living with a visual disability.

Understanding visual impairment involves recognizing the diverse needs and capabilities of individuals affected by these conditions. It requires employing supportive measures and accommodations to ensure equal access to education, employment, and social participation, promoting inclusivity and empowering individuals with visual impairments to lead fulfilling lives.

When you hear the word "blind," you probably think of someone who has no vision at all. But this is only part of the visual spectrum. Here are a few terms you should know:





Partially sighted people - such people can see partially through one or both eyes. This term is often used in scientific circles.

People with low vision - this term refers to people whose vision is so low that glasses or contact lenses do not fully help. In some cases, a person can see things up close but not far away, or vice versa.

Partially blind people are people in this category whose vision can be improved to 20/200 in at least one eye. This also applies to those with a field of vision of 20 degrees or less.

People who cannot see completely - this category of people is considered to have completely lost the ability to see.

Typhlopedagogy is derived from the Greek word typhlos, which means the pedagogy of the blind and visually impaired. Develops the structure of special schools and preschool institutions, organizational parts of their education. The most important task of type pedagogy is the correct use and development of children's visual abilities in the process of reading, creating conditions for preserving visual abilities, using educational techniques. Defects related to vision are congenital and acquired depending on the causes of origin.

Visually impaired children are divided into 2 types according to their visual acuity.

- 1. Totally blind (absolutely blind) visual acuity 0.
- 2. Visual acuity of visually impaired up to 0.05.

The visually impaired are divided into the following groups according to their visual acuity.

- 1. Visual acuity from 0.05 to 0.1.
- 2. Visual acuity from 0.1 to 0.2
- 3. Visual acuity from 0.2 to higher 0.4

The Braille alphabet was created in 1829 by the French typologist Louis Braille. Braille began his first experimental work in 1924, when he was 15 years old. This subsystem consists of two vertical rows, 1, 2, 3 dots on the right and 4, 5, 6 dots on the left, and includes musical notes and mathematical numbers.

Early intervention is crucial for the development of blind children. The earlier specialized support is provided, the better the chances of achieving optimal developmental outcomes. This includes:

- 1) Sensory stimulation: Providing diverse sensory experiences to compensate for the lack of visual input, emphasizing tactile exploration, auditory learning, and olfactory stimulation.
- 2) Early access to Braille: Introducing Braille literacy at a young age is vital for developing reading and writing skills, which are fundamental to academic success.
- 3) Orientation and mobility training: Teaching blind children how to navigate their environment safely and independently builds confidence and fosters self-reliance.

IEPs are essential for customizing education plans to meet the specific needs of each blind child. These plans should:







- 1. Assess individual strengths and weaknesses: Thorough assessments should identify the child's learning style, cognitive abilities, and areas requiring support.
- 2. Set realistic goals: Goals should be achievable and aligned with the child's individual capabilities, focusing on both academic and life skills.
- 3. Specify appropriate accommodations and modifications: This may include the use of Braille, assistive technology, adapted learning materials, and specialized teaching techniques.
- 4. Regular monitoring and evaluation: Progress should be regularly tracked and evaluated, allowing for adjustments to the IEP as needed.

Including blind children in mainstream classrooms, whenever possible, is crucial for their social-emotional development and overall well-being. This requires:

Teacher training. Educators need specialized training to understand the needs of blind children and to implement effective inclusive teaching strategies.

Peer support. Creating opportunities for interaction and collaboration with sighted peers promotes social skills and reduces stigma.

Accessibility. Ensuring that the learning environment is physically accessible to blind children, including appropriate seating, lighting, and movement space.

Currently, 16 Nurli maskan specialized boarding schools are operating in our country. In accordance with the decision of the Cabinet of Ministers No. 374 dated August 14, 2023, the establishment of special educational and production enterprises for vocational training of blind and visually impaired children in Nurli Maskan boarding schools held in you.

Conclusion

To conclude, effective education for blind children requires a comprehensive, individualized, and inclusive approach. Early intervention, the development of customized IEPs, the use of specialized teaching methods and assistive technologies, and the fostering of inclusive learning environments are all critical factors in ensuring that blind children can achieve their full academic and social potential. Ongoing research and collaboration between educators, specialists, and families are essential to continually refine and improve educational practices for blind children, promoting their successful integration into society.

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