

## THE BENEFITS OF READING ALOUD IN ENGLISH LEARNING TODAY

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**Annotation:** *This thesis discusses the benefits of reading aloud. At the same time, attention will be paid to how reading out aloud can help in learning English language skills and what skills can be developed as a result. Plus, it talks about the benefits of listening to someone read aloud.*

**Key words:** *advantages, reading aloud, skills, fluency, pronunciation, articulation, comprehension, vocabulary.*

**Annotatsiya:** *Bu tezisda ovoz chiqarib o'qishning qanday afzalliklari borligi haqida so'z boradi. Shu bilan birga ingliz tili ko'nikmalarini o'rganishda ovoz chiqarib o'qish qanday yordam bera olishiga va natijada insonda qaysi qobiliyatlar shakllanishiga e'tibor qaratiladi. Ovoz chiqarib o'qiganni tinglashning afzalliklari haqida gapiriladi.*

**Kalit so'zlar:** *afzalliklari, ovoz chiqarib o'qish, qobiliyatlar, ravonlik, talaffuz qilish, artikulyatsiya, tushunish, siz boyligi.*

As we continue to develop, we may look at the art of reading aloud through the lens of tradition. It is true that silent reading has become prevalent in modern times; however, reading aloud remains a valuable practice for personal growth. This practice offers a multitude of benefits that extend beyond its traditional role in education. While some may view reading aloud as a mere school activity, its advantages are not constrained by age. In fact, it proves equally beneficial for a child just beginning to grasp language, as well as for adults enhancing their oratorical skills. Furthermore, it plays a significant role in language acquisition. In essence, it makes a substantial contribution to one's overall personal development.

Reading aloud is a process that fosters cognitive and attentional development, particularly aiding in the improvement of English language learning. For example, when a teacher reads aloud in English during a lesson, it serves to ignite the student's enthusiasm and interest in the language, thereby making the process of acquiring new information in English more engaging and memorable.

The benefits of reading aloud in the development of English and other essential skills include

### 1. Expansion of Pronunciation and Articulation

When you read English words, phrases, or texts aloud, your ability to pronounce

them accurately improves, thereby offering the opportunity to refine clarity and fluency in spoken English. Fluent reading refers to reading with ease, at an appropriate pace, and with the correct rhythm and intonation. In contrast, when reading silently, only the cognitive faculties are engaged, and there is a tendency to skip over challenging words, as the mind can recognize familiar words even if not fully read. Consequently, when one skims through a text (i.e., reading silently), the likelihood of diminishing fluency, rather than enhancing it, increases.

## 2. Expansion of Vocabulary and Language Proficiency

Reading aloud is particularly advantageous for those who are learning a new language, especially English, or for individuals encountering difficulties during the reading process. When reading a story or another piece of writing silently, the impact is often diminished. However, when one reads aloud, there is a greater focus on unfamiliar, unfamiliar words, leading to a heightened awareness of their pronunciation and meaning. This, in turn, nurtures curiosity about the language and contributes to a deeper understanding of it. Indeed, this method is considered one of the most effective and necessary strategies for improving overall language proficiency.

## 3. It enhances comprehension and active listening skills.

When reading aloud, you simultaneously engage in two cognitive processes: visual perception through reading and auditory processing of the spoken words. This dual engagement significantly improves information retention and understanding. Whether reading aloud or listening to someone, you focus on both the phonetic qualities of the words and their semantic meanings, thus providing a mental workout fosters deeper comprehension. Active listening plays a crucial role in analyzing and critically evaluating information. Furthermore, mastering the art of listening is a fundamental component of effective learning.

## 4. It facilitates longer retention of information and strengthens memory.

Reading aloud is considered one of the most effective techniques not only for immediate comprehension and reading ability but also for enhancing memory retention. Researchers have conducted experiments to assess four methods of remembering unfamiliar information: silent reading, listening to someone read, listening to a recording of one's own voice, and reading aloud. Of these, the most effective "technique" was found to be reading aloud. Additionally, psychologist Colin MacLeod studied the impact of vocal reading on memory and concluded that individuals who read aloud tend to remember information more effectively and for longer durations.

## 5. It increases confidence in communication and reduces stress.

As you become more adept at articulating your thoughts aloud, your confidence in yourself grows. This increased self-assurance helps in overcoming various obstacles and provides a foundation for engaging in diverse discussions with English speakers.

Furthermore, it fosters the ability to speak confidently and effortlessly in front of large audiences, without anxiety.

In conclusion, it can be said that patience is crucial, as the benefits of reading aloud will gradually reveal themselves over time. Purchase a variety of books and make reading aloud, rather than merely skimming through them, a daily habit. By doing so, you are investing in your personal growth and development.

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