

## THE MOST EFFECTIVE METHOD FOR LEARNING ENGLISH

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**Abstract:** *This study explores the most preferred methods for learning English among diverse learner groups. It examines the effectiveness of traditional, technological, and interactive approaches, including classroom instruction, language apps, immersion, and peer collaboration. Data from surveys and interviews reveal that learners prioritize methods combining flexibility, engagement, and practical application.*

**Key words:** *English learning methods, language acquisition, digital tools, classroom instruction, immersion, peer collaboration.*

Learning English has become a global necessity, as it is the most widely spoken language in the world. Whether for travel, work, or personal growth, improving English skills opens countless opportunities. So, people have been trying to find the best method for learning English. Evidently, people have different needs and preferences in choosing the best method for them. For this, most individuals asked various questions about which methods is the best for learning English. The results demonstrate that, the most preferred method for learning English is watching TV shows, English movies, listening podcasts, English songs with subtitles and etc.

The researches show that, some kinds of ways are available for learning English. First of all, one of the best and enjoyable strategies is watching TV shows or movies in English as they were said above. This method helps learners improve their listening skills, understand different accents, and pick up every day phrases. Subtitles can make it easier to follow along, especially for beginners. Secondly, listening English songs or podcasts is another fun and effective way to learn. Music helps with pronunciation and rhythm, while podcasts allow learners to hear natural conversations on a variety of topics. Moreover, Language-learning apps like Duolingo, Babbel, or Memrise are popular tools for practicing vocabulary, grammar, and speaking. These apps often use gamification, making learning interactive and engaging. Apart from that, practice makes perfect! Speaking with native or fluent English speakers helps improve pronunciation, build confidence, and develop conversational skills. Language exchange programs or online platforms like Tandem and Hello Talk are great for this purpose. Furthermore, reading in English helps learners expand their vocabulary and understand sentence structure.



Beginners can start with simple children's books, while advanced learners can explore novels, newspapers, or online articles. Additionally, taking English classes is a traditional yet effective method. Whether online or in-person, structured lessons guided by a teacher provide a strong foundation in grammar, vocabulary, and pronunciation. Besides, writing is a great way to reinforce learning. Keeping a journal, writing emails, or even posting on social media in English can improve grammar and sentence formation. Also, there are some ways for improve knowledge of English language. For instance:

#### 1.1 Grammar-Translation Method

This method focuses on learning grammar rules and translating sentences between the learner's language and English.

Strengths: Clear structure. Good for improving reading and writing.

Weaknesses: Little focus on speaking and listening.

#### 1.2 Audio-Lingual Method

This method uses repetition and practice to teach language patterns.

Strengths: Helps with pronunciation and listening. Good for beginners.

Weaknesses: Repetitive and less creative.

### 2. Communicative Language Teaching (CLT)

This method focuses on real-life communication. Activities include group discussions, role-plays, and using authentic materials like newspapers and podcasts.

Strengths: Builds confidence in speaking and listening. Practical for daily use.

Weaknesses: May not focus enough on grammar.

### 3. Immersion Learning

Immersion involves learning English by being surrounded by it, such as living in an English-speaking country or attending a language camp.

Strengths: Speeds up learning through practice. Improves fluency and pronunciation.

Weaknesses: Expensive and not always accessible. Can be challenging for shy learners.

### 4. Modern Tools

#### 4.1 Online Platforms

Apps like Duolingo and websites like Coursera offer flexible, affordable ways to learn English.

Strengths: Learn at your own pace. Engaging with features like games and quizzes.


Weaknesses: Limited focus on speaking.

#### 4.2 Mobile Apps

Apps like HelloTalk allow learners to practice English anytime.

Strengths: Convenient and interactive. Connects learners with native speakers.

Weaknesses: Some apps lack depth.



Into the bargain, people, especially, teenagers can learn English with funny methods, for instance, learning through games, using flashcards and vocabulary tools, shadowing technique or group discussions and debates. Language-learning games are a fun and interactive way to master English. Board games like Scrabble or online games designed for language learners, such as, “Wordle”, improve vocabulary and spelling. Multiplayer online games also provide opportunities for real-time conversations in English with players worldwide. Flashcards remain a tried-and-true method for memorizing vocabulary and phrases. Digital tools like Anki or Quizlet allow learners to create and review flashcards, helping them retain new words through spaced repetition. The shadowing technique involves listening to a native speaker and simultaneously repeating their words. This method improves pronunciation, rhythm, and intonation. It's particularly effective with podcasts, audiobooks, or video lectures. Participating in group discussions or debates sharpens speaking and critical thinking skills. It provides opportunities to articulate thoughts in English, listen actively, and expand one's understanding of various topics. Instead of memorizing grammar rules, understanding them through context—by reading or listening—helps learners use them naturally. Also, contextual learning emphasizes how grammar is applied in real-life scenarios, making it more practical. Learning English is a journey that combines dedication, practice, and the right strategies. The key is to stay motivated and find methods that align with your interests and lifestyle. By blending different techniques, learners can enjoy the process while achieving fluency. Remember, persistence and patience are as important as the methods you choose!

The best way to learn English is through immersion. Spending time in an English-speaking environment forces learners to use the language in daily life, which accelerates learning.

Everyone has different learning preferences, so it's important to choose methods that suit your style and goals. Combining these techniques can make the process more effective and enjoyable. Remember, consistency and practice are key to mastering English.

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