EFFECTIVE METHODS OF LANGUAGE LEARNING

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Annotation: *This article provides detailed information about several effective and necessary methods for those who are just starting to learn a new language. It also teaches you what methods to practice with, how to use various resources correctly. At the same time, it has been shown that mobile applications and online platforms can help facilitate the learning process, making it convenient and interactive. It is worth mentioning that innovative approaches to language learning should also be considered.*

Key words: *language learning, effective, practice, methods, resources, platforms, innovative.*

Annotatsiya: *Ushbu maqola yangi tilni o'rganishni boshlaganlar uchun bir nechta samarali va kerakli usullar haqida batafsil ma`lumot beradi. Shuningdek, u qanday usullar bilan mashq qilishni, turli manbalardan qanday qilib to'g'ri foydalanishni o'rgatadi. Shu bilan birga, mobil ilovalar va onlayn platformalar o'quv jarayonini osonlashtirish, uni qulay va interaktiv qilish imkonini berishi ko'satilgan. Shuni aytib o'tish joizki, til o'rganishda innovatsion yondashuvlarga ham e`tibor berilishi kerak.*

Kalit so'zlar: *til o'rganish, samarali, amaliyot, metodika, manbalar, platformalar, yangicha.*

Language is a means for people to communicate, share ideas, experiences, and express feelings. It is the cultural heritage of every society and has been formed since ancient times. Through language, we can increase our knowledge, broaden our worldview, and shape our human relationships. Therefore, learning languages benefits both ourselves and also our society. It is importatnt to consider the individual needs of language learners before using effective methods. However, mastering a language requires devotion, strategy, and necessity methods. We do not have to learn a language using someone else`s exact methodology. Hence, we must have our own opinion and conclusion. How we learn a language is a personal decision, and there is no magic bullet. Below are some detailed and established approaches to language learning that can confirm success.

1. Set clear goals and targets- before you start learning a language, you need to identify why you want to learn. You should only start if you have the vision to go all the way to the end. Only then will you have results and will you be motivated for your next steps. For example:

- Are you learning for academic or professional purposes?
- Do you need the language for travel, work or cultural understanding?

Defining your purposes will help you choose pertinent materials and stay focused. Break your goals into short-term and long-term objectives. Short-term goals might incorporate acquire a knowledge of basic greetings or mastering some common words, while long-term aims might involve idioms, collacations or phrases.

2. Create an immersive environment- immersion is one of the most useful and effective ways to learn a new another language. Even if you go abroad and can not speak this country`s own language, you can create an immersive environment like computers. There is not more convenient way to learn a language. You can utilize dedicated language learning apps as well such as Busuu to help you master a new language. And also change your phone or social media settings to the language you are learning.

3. Use technology and resources- we know that the XXI century is the area of technology and various modern technologies are emerging day. Modern technology offers a wide array of tools to aid language learning. Apps like Duolingo, Babbel provide interactive lessons, dictionary tasks making it easier to learn at your own pace. Likewise, websites like BBC Languages or LingQ offer structured lessons and cultural insights to enhance grasp.The VARK structure is also useful. It is a framework used to identify and understand individual learning preferences. It categorizes learners based on how they process and retain information, dividing them into four main styles: visual, auditory, reading/writing, and kinesthetic. Developed by Neil Fleming in the late 1980s. The VARK model helps individuals and educators optimize learning strategies for better comprehension and retention.

- Visual- using mind maps and flowcharts, highlighting key points in different colours, watching videos and infographics;
- Auditory- listen to podcasts or audiobooks, participating debates;
- Reading/writing- take note, reading articles, journals, or instruction manuals, using headings and lists;
- Kinesthetic- engaging in role-playing or simulations, using models or tools to interact with concepts, walking while reviewing notes or learn by heart.

One of the main effective way is live abroad. Beacuse if you live another city, you will have to learn the language and immerse yourself in the culture in order to adapt to life there. Some countries have bilingual schools. If you live in these areas and have

child, you can send them to such schools and your son or daughter will have the opportunity to learn the language for free.

Language learning is a rewarding experience that involve effort, creativity, and patience. By setting main goals in your life, practicing regularly, and engaging with the language in diverse ways, you can make significant progress and achieve your aims. Remember every small steps brings you pave way for bigger achievments.

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