

CULTURAL REFLECTIONS IN ENGLISH IDIOMS AND PROVERBS

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Abstract: *The main uniqueness of English phrases and proverbs is manifested in the lightening of their folk culture, historical experience and attitude to life. These elements are one of the integral parts of folk oral creativity, through which the values, ideology and traditions that exist in society are transmitted from generation to generation. Phrases and proverbs in English are short in most cases, but at the same time rich in content and multifaceted. They reflect deep reflections and experiences about life in their own way. Such examples in English testify to the many qualities and values that the English people have historically formed, just as the phrases and proverbs of each people embody their own unique worldview and culture, their attitude to social life.*

Keywords: *English, phrases, Proverbs, culture, folk oral creativity, worldview, thinking, semantics, analysis, methodology.*

The formation of English phrases and proverbs reflects the attitude of the people towards everyday life, labor activity, the environment, natural phenomena, family relations and various events that occur in social life. This provides the basis for their recognition as Distinctive Assets of folk culture. These phrases and Proverbs, as they move from language to language, acquire modernity, simplicity and extremely clarity. They serve not only as a wealth of language, but also as a cultural bridge for society. English is one of the most common languages in the world, and in the phrases and proverbs found in it, the peculiarity of the people's worldview and its influence on the life of society are clearly visible. In some cases, a certain time, place or landscape was responsible for the occurrence of English phrases and proverbs. These have their deep historical roots. Some of these were influenced by the moral principles, religious beliefs, and even the governance and political systems that existed in ancient English society. Furthermore, the English language has undergone a rich historical development. The events that occurred in the members of the society during this development, and the many trials and experiments that the people experienced, all took a deep place in the content of English phrases and proverbs. In this respect, English proverbs and phrases are also noteworthy for their artistic expression, short and succinct form, depth of semantics.[1]

English phrases are usually metaphorical in nature, through which colorful manifestations of human life are expressed, and sometimes attitudes towards a particular



situation, social phenomenon. English phrases and proverbs recognize the bitter realities of life, prudence, patience, time value, as well as human shortcomings, in addition to the qualities of the English people such as mutual respect, self-sacrifice, friendship, hard work, correctness, patriotism. This suggests that phrases and proverbs have a rich meaning, a wide range, and not only a didactic or artistic function, but also educational significance. When analyzed, the life experience and worldview of the English people, formed over the centuries, has taken place from the Deep content of each proverb and phrase. In phrases and proverbs, it is often possible to witness the modern interpretation of ancient traditions and Customs. The saying "old is not new" is not without reason, as can be seen from the description of English proverbs. Some phrases have not lost their historical significance, but do not lose relevance even in modern life. The attitude of the English people to life, social problems or human psychology at different times was expressed, in most cases, precisely with the help of a phrase or proverb. As these phrases and proverbs are analyzed, we can see that they also have similar and different aspects. Some of them relate to every aspect of people's lives and embody natural phenomena, time, work, concepts, and values. For example, some phrases are dedicated to the human part, work activities or family relationships, while others are related to problems or behavior in social life. At the same time, English proverbs have a lot of emphasis on labor, dedication, values such as patriotism and decency, which are important in the life of society.[2]

Another of the preparatory factors is the formation of English phrases and proverbs in a cultural and social context. They are often used mainly in oral speech, but also form an integral part of fiction and works of art. In many cases, these expressions serve to convey a concept deeply, artistically, and succinctly through metaphor, metonymy, or other pictorial expressions. They play an important role in reflecting the spiritual world of the English people, in assessing events in their social environment, and in expressing their thoughts clearly and concisely. Through them, the people or society will deliver their thinking, vision, experience, human qualities and behavior. This ensures that phrases always remain popular, vital and relevant. Meanwhile, the specific form and content of phrases and proverbs in English shows them as a colorful part of folk oral creativity. Usually, their semantics are very deep and wide. Under the seemingly simple and straightforward appearance of the phrases lies a deep philosophical meaning. These phrases not only form part of everyday life, but they also reflect important changes and processes in society in their time, the spirit of time and times, the rational thinking of the people and their negative or positive attitude towards common life. Phrases and proverbs used in English have a very important place in improving vocabulary, ensuring the effectiveness of communication, enriching the text, being a backbone to accumulated experience and wisdom. They add expressiveness, impact, brevity, and clarity to speech.

It is also through these phrases that individuals will be able to exchange ideas, share experiences and life lessons with their peers. Proverbs and sayings indicate the richness and modernity of the language. Historically, phrases and proverbs in English are a kind of reflection of the development of society, social, political and cultural issues.[3]

In artistic creation and culture, English phrases and proverbs are used a lot. Through this, the works acquire a more meaningful, emotionally rich and artistic immediacy. As a product of folk oral fiction, they are common in poetry, prose, and dramaturgy. Examples of English literature and folk art are also found in contemporary media, social media, and everyday life. Most notably, English phrases and proverbs fully integrate national mentality, customs, and centuries-old traditions into modern life. With the development of society and the establishment of relations with other cultures, new words, images and concepts also enter English phrases and proverbs. This contributes to their harmony with modern life. The level of viability and semantic richness of English phrases and proverbs indicates their importance even for modern society. Since a large part of the most common phrases in the language are based on everyday events in people's lives, they are sometimes distinguished by their sharp didactic orientation and modern artistic level.[4]

The role and role of English phrases and proverbs in the language suggests that their linguistic and cultural characteristics have taken a central place in the language in their own right. Phrases and proverbs in English are often found in everyday communication, written and oral speech for members of society. They are appreciated not only for the listener, but also for the writer, creator, for their attractiveness and richness of content. These expressions are important tools in strengthening human connections between people in society, sharing experiences, and promoting wisdom. Through phrases and proverbs in the English language, the psyche, culture of the people, the values and spiritual qualities that have arisen in their moral life are expressed. They serve as the spiritual wealth of the people and remain an important tool in conveying the lessons of science, upbringing, social life to the new generation. In each phrase or proverb, a deep life experience, modernity and artistry are embodied. As a result, English idioms and proverbs are a reflection of the development and cultural achievements of a nation, and through them one can assess the culture, history, and changes in society.[5]

Conclusion: In conclusion, English phrases and proverbs are a rare richness of language that reveals the hidden facets of folk culture, national traditions, moral values and the life of society. They are intertwined as the most vivid example of folk thought, knowledge and wisdom, and have not lost their relevance in modern life either. English phrases and proverbs bring new spirit and life-giving ideas to modern life, everyday communication, artistic and scientific works, and make an important contribution to the development of society. Therefore, English proverbs and sayings play an important role in people's lives with their cultural, linguistic, educational, and didactic significance in

the language and continue to convey national and universal values to the younger generation.

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