

GRATITUDE IS THE BASIS OF PEACE AND SUSTAINABLE DEVELOPMENT

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Abstract. *This article provides a comprehensive discussion of the teachings of gratitude in the Quran and Hadith, as well as the interpretations of gratitude by Sufi scholars.*

Keywords: *blessing, gratitude, patience, faith, heart, soul, intention, goodness, remembrance.*

Allah Almighty created man with honor and bestowed upon him countless blessings and endless good deeds. This blessing and advantages with human other from the created preferably If the servants thank you if they do, they blessings increase to do promise did and obedience if they do this blessings duration and of immortality guarantee gave.

Thank you. from the virtues again one that is, human thank you if he does, he will have sustenance again increases. About this Hazrat Ali (may Allah be pleased with him) anhu so who said: "Blessing" thanks, thanks and to excess connected. As long as servant thank you in doing continue enough Oh my God God is greater. in doing continue will be" (Imam Bayhaqi narration).

Our Prophet peace be upon him alayhi vassal all beautiful deeds in themselves embodied reached breed Thank you. To Him in doing sufficient any one person not to be found doubt No. The reason is , Allah to the Almighty prayers listen to be person be stand up, God from the Almighty many wealth to give didn't ask They were. Maybe, Allah gave for sustenance satisfaction as those who lived. From hunger with stones tied to their bellies those who walk we know. Our Prophet peace be upon you so in case thank you did if they are, now abundance-prosperity during the period we only our gratitude increase to do attention our focus necessary will be.

Sheikh Zulfikar Ahmad Naqshbandi hafizahullah so who said: "Every one human own to one's condition , life , fate , destiny agree to be , thank you to do to learn Because this is life to him/her Allah Subhanallah and Almighty good saw and so to be will did. That's why himself/herself – big thank you, that's why himself/herself – big one Blessing! Thank you. If we do, Allah even more than that But ingratitude to do if we are, else to lives desire to do if we are, in our own deprived of everything become our stay possible. "Said ibn Jubair may Allah be pleased with him from Anhu narration is done, that person so who said: "The servants Allah to the Almighty the most better - misfortune When it comes, be patient. doer and blessing when given, thank you "The doer".

Saadiy Shirazi in his works "Gulistan" following the story by: Far road pressing coming stranger person his/her own foot clothes outdated since leaving He groaned and said to himself, "I'm so helpless". man "Will I be ?" of the situation from the ruin regretted. That as much as you want city to the gate approaching That's it , the gate. under from humans any thing give begging sitting to the beggar eye fell. What eye with You see , the beggar two no legs This was the case. seen Stranger: "Me, my shoes". Absence for ingratitude I did it, my legs no what if can I would have, even more helpless than me people there is "That's it!", – thank you the way caught.

So, someone to something maturity did not receive Man, first of all, is in himself, there is to things look to plant and about thank you to do necessary. Thank you did In person human qualities there is will be. Honesty, piety, patience such as morals decision to find begins. Allah Almighty gave blessings about when speaking, first of all, most huge blessing about word We walk. This is faith. It is a blessing !

Yes, He is with us. faith This is the most big Blessing ! Now this blessing word with to be Thank you "Iman" blessing you gave for To yourself to say "thank you " if, then with what will happen Allah familiar, to him prostration to do, His sent The Prophet's his life learn from him to follow, to follow revealed did The Quran study and practice to do, in prayer continue to be, in short, faith requirement did to do things with will be Now body members seeing Let's go out ! He gave us a head start. Head practical thank you – from him bad fantasies remove throw, world and afterlife for useful was things thinking , beautiful intention to do with It will be. He told us eye gave. The eye practical thank you – with him to the harem not to feed, only honest to something look after, parents, family family and of children , teachers on the face love with feeding, fellow believers on the face smile with feeding with It will be. He told us ear gave. Ear practical thank you – with him unclean things not listening, just honest only things listen, Quran listen, listen listening, scientific conversation listening, parents, teachers, family family to his words ear help, help asking arrived of people requests to hear and needs good to do attempt with will be.

He told us language gave. Language practical thank you – with him haram, sin was the words not to speak , just honest, useful words to speak, Allah mention to do, Quran recitation to do with It will be. He told us hand gave. Your hand practical thank you – with him unclean something not to be caught, forbidden to work hand not to hit, just honest something to catch , to be honest hand hit with It will be. He told us foot gave. Foot practical thank you – with him haram, sin to places not to go, just honest, meritorious to be to places walking to go, to the mosque, to a religious person brother's need good to do, parents, teachers, patients, orphans pilgrimage for walking to go with will be. So, all body members Allah agree possible, meritorious to work use, forbidden, sin to work not to use, any member sick if so, it treatment with practical thanks are due.

Allah Almighty child blessing gift if he does, his practical thank you that one the child Allah knowledgeable, righteous, pious arrived upbringing to do with It will be. Allah Almighty science to take opportunity for example, to study if entered, its practical thank you that one knowledge in the school good study, teachers respect to do, science to take on the way hardships overcome transition, laziness not to do is executed with.

Conclusion. Even today, there are many people who are saying thank you to get rid of many diseases, problems, and debts, and all their problems are solved. Human per head what If he comes, first of all , his ingratitude because of is coming. Allah every one the test to him/her my servant how waiting only saying gives. If a servant every how in case To Allah Surrender Thank you . Allah says to him/her than before more blessings gives . How much? how much psychological courses, wealth we will achieve saying trainings the basis is exactly the same to gratitude and to repentance go They are all gratitude sustenance key , disease remover that good knowing, in life hand starting to the result achieved They are human beings. In the world all people always about satisfaction with To Allah thanks continue if they do, no how disease, problems appearance Dear friends, every from our moment fruit take thank you Let's do it. Happiness key Thank you!

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